

HAYD (Menstruation)

Menstruation is the flow of a type of natural blood from the womb at a specific time.

There is no minimum or maximum period of menstruation.

It's a sign of maturity, which a girl is recognized as having reached the age of puberty.

Nifaas (Postnatal Bleeding)

Nifaas refers to the blood which goes out of a woman right after delivery.

There is no minimum period and its maximum period is forty days.

Rulings stated in the Qur'an and Sunnah Concerning Menstruation & Postnatal Bleeding.

- ❖ It is impermissible for a menstruating woman to engage in sexual intercourse.
- ❖ It is impermissible for her to recite the Holy Qur'an except if the need arise, She is also not allow to stay in a mosque.
- ❖ A menstruating woman should not be divorce by her husband until her menstrual period is ended.
- ❖ It is prohibited for a menstruating woman to perform prayer or observe fasting, to tawaf, and to touch or hold the Holy Qur'an.
- ❖ Once the menstrual blood stops, the woman must take a ritual bath.

Istihaadah

- ❖ Istihaadah: is an irregular vaginal bleeding other than menstruation and postnatal bleeding.
- ❖ A woman in a state of Istihaadah is regarded as being in a state of purification as unanimously agreed upon by scholars.